

Sanitizing & Disinfecting

Solutions for Healthy Child Care

Sanitizing Food Surfaces

Surfaces include:

- Wooden and plastic cutting boards
- Dinnerware, plastic and glassware
- Countertops and tables used for eating
- Baby nipples, pacifiers and bottles

Sanitizing Solution

First clean surface with hot, soapy water and rinse. Then apply one of the following sanitizing solutions:

For hard, nonporous surfaces

- 1 tablespoon liquid bleach
- 1 gallon water
- No rinse, air dry

For porous surfaces

(Like wooden cutting boards)

- 3 tablespoons liquid bleach
- 1 gallon water
- Rinse and wipe or air dry

General Disinfecting

For use on:

- Children's toys
- Diaper changing surfaces
- Floors
- Countertops
- Sinks
- Faucet and flush handles
- Toilet bowls and seats

Disinfecting Solution

First clean surfaces to remove visible soil. Then apply the following disinfecting solution:

- 3 tablespoons liquid bleach
- 1 quart water
- Rinse and wipe dry

For Toilet Bowls

- Flush
- Add 1 cup liquid bleach to bowl
- Brush entire bowl
- Let stand for 10 minutes
- Flush again

Special Attention for the Diaper Changing Areas:

- Use the diapering area only for diapering.
- Changing surfaces should be washable, like wipeable plastic.